



Gentle Joy Caregiving is an individualized professional 24-hour care facility located seven minutes from Friday Harbor, WA. It resides on a beautiful five acre estate surrounded by nature, peaceful tranquility, and island charm.

Gentle Joy is owned and operated by Angela Light, who has over 13 years of hands-on caregiving experience. Angela has worked in a wide variety of healthcare and social work environments. She has also held an administrative position in social services for mentally ill and developmentally disabled adults.

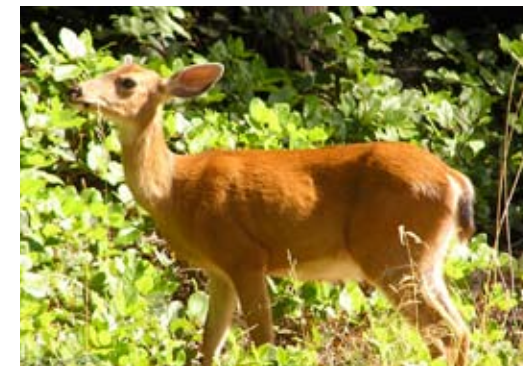
Our center is a unique, individually-oriented adult family home designed to serve a maximum of three full time residents. This allows us to focus on their individual needs.

We specialize in providing for the unique needs of residents with Alzheimer's and other forms of dementia, but also welcome clients recovering from surgery, chemotherapy and other forms of traditional medical therapy.

Our alternative health services include: specialized diets such as: alkaline, vegetarian, and HeartWise™ diets. We also offer herbal and vitamin therapies, and organic foods. Residents can also enjoy other optional healing services such as therapeutic massage, and energy work.

Gentle Joy encourages a balanced home-like atmosphere. We consider our residents to be part of an extended family. New residents are welcomed whenever space is available.

Angela is the proud parent of precious 7+ year-old twin girls, who are an integral part of the extended family atmosphere that we nurture and cultivate here at Gentle Joy.



Our staff includes one 24 hour on-call registered nurse, several big-hearted part time caregivers, as well as a baby sitter for the twins (when Angela must focus exclusively on the special needs of the residents).

Gentle Joy provides a unique care setting that focuses on the whole person: body, mind and spirit. We joyously facilitate the resident's unique spiritual choices whether they be Catholic, Jewish, Unitarian, Buddhist, Agnostic, or other. Angela deeply feels that faith in a higher power is a vital part of life: especially towards the end of ones journey.

We are ready to answer your questions, discuss caregiving needs, and very much look forward to meeting you in the near future!

Gentle Joy Caregiving - 360.370.5163
 52 Treeline Drive, Friday Harbor, WA 98250
www.gentlejoy.net / angela@gentlejoy.net

We presently have an opening for one new resident

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HOLISTIC ELDER CARE



Gentle Joy

An Adult Family Home on
San Juan Island, Washington

Client Endorsements

"We can't thank you enough for all of the wonderful care and support you gave to Bob. You made his last days as comfortable and meaningful as we ever could have wished. We are very very thankful to you and Gentle Joy."
- Janet Kathy, Barbara, Roxanne and John Dann

"I can only think of how very lucky a person would be to reside in the home of Gentle Joy; where kindness, capability, and very conscious care are served up with love." - Kathy Fisher, RN

"If I had to place my mother in the arms of someone's care, Gentle Joy Caregiving would be my first and only choice!" - Marilyn Karon / San Juan Head Start Infant! Toddler Specialist

"I unhesitatingly recommend Angela as the most loving and capable caregiver I've found after all these years. Her approach can only be described as "gentle joy." - June Friesendahl

"I want to thank you for the peace of mind you give my sister and I in the way you cared for our mother. We appreciated your intention to do your best, and your attention to the details she needed." - Deslie English

"Angela is a compassionate, joyful and tireless caregiver. She is also a good cook, a great mom, and a dedicated advocate of alternative healing. If you need a place to heal, or one to complete your life's journey, there is no better facility than Gentle Joy Elder Care" - Bruce Conway



If you need a place for post-op recovery, or are searching for a peaceful place to complete your life journey, there is no better facility than Gentle Joy Elder Care.



A uniquely intimate,
big-hearted,
24/7, three resident AFH

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Fully Licensed and Insured